





JANUARY 2024

OTTAWA-CARLETON EDUCATION NETWORK

ORIENTATION PROGRAM

JANUARY 26TH - JANUARY 31ST, 2024





FRIDAY JANUARY 26TH

1:00 PM - 2:00 PM

OCENET ORIENTATION: PART ONE INTRODUCTION TO OTTAWA

Presenter: Vicente Conte (OCENET Admin)

In this first part of the orientation, you will learn important information about Ottawa that will make adjusting to our great city easier and less stressful.

2:00 PM -3:00 PM

INTRO TO CANADA

MONEY, TIPPING, O CANADA

Presenter: Vicente Conte (OCENET Admin)

Did you know that all Canadian coins have a special name? It's important to know them all before you start to shop! Canadians are also big tippers! Knowing our money will help you understand our tipping practices. Do you know the name of our National Anthem? Learn the lyrics so you can sing along during the morning broadcast! Don't forget to stop what you're doing, take off your hat, and stand still while it's being played!



MONDAY JANUARY 29TH

1:00 PM -2:30 PM

OCENET ORIENTATION: PART TWO GUIDANCE COUNSELOR & SCHOOL ORIENTATION

Presenter: TBD

In this presentation, experienced OCDSB guidance counselors talk about what they do and how your school's Students Services office is there to help you. The presenters will also talk about common challenges faced by international students and give advice on how to solve them. Finally, the presenters will give advice on how to have the best experience possible as an OCDSB student.

3:00 PM - 4:00 PM BRIGHTSPARK STUDENT TRIPS

Presenter: TBD

Learn about Brightspark and the exciting student trips that will be coming up this semester.

5:00 PM - 5:30 PM GUEST SPEAKER SERIES: ICP PRESENTATION

Presenter: Sean Oussoren, OCENET International Education Coordinator

Are you interested in learning more about other people and cultures? Do you want to earn an extra certificate in addition to your Ontario Secondary School Diploma? Then please attend the session on the OCDSB's International Certificate Program hosted by ICP students and international education coordinator, Mr. Oussoren.

5:30 PM - 6:00 PM GUEST SPEAKER SERIES: ICP STUDENT

BUDDY CHAT - OC TRANSPO & GETTING

AROUND OTTAWAPresenter: ICP Students

Presenter: ICP Students

Are you excited about exploring your new city on foot, by bike, or on public transport? Would you like to know more about how other students get around Ottawa? Then don't miss this session hosted by ICP students.



TUESDAY JANUARY 30TH IN-PERSON

1:00 PM -2:00 PM

GUEST SPEAKER SERIES: OCENET AND CANADA HOMESTAY NETWORK

Presenter: TBD

Moving in with a new family in a new country can be both exciting and scary. CHN will talk about how to have a great relationship with your host family. They will also discuss how CHN supports students in its program.

There will be a brief Q & A session following this presentation.

2:00 PM -3:30 PM

MUSIC FROM AROUND THE WORLD

Presenter: Krish Sundaram

Come and enjoy music and instruments from around the world with our resident rocker Krish!

11:30 AM - 4:30 PM

ROYAL BANK OF CANADA

Presenter: RBC Staff

The Royal Bank of Canada (RBC) team will be onsite all afternoon to help you setup a bank account!

7:00 PM - 8:00 PM

STUDENT TO STUDENT CHAT BY SCHOOL

Presenter: ICP Students

Join a large group of Ottawa students over Zoom as they share tips and details about your new schooland life in Canada. There will be plenty of time to ask questions and make connections.



WEDNESDAY JANUARY 31ST

1:00 PM - 2:00 PM

GUEST SPEAKER SERIES: STUDY INSURED: HOW YOU'RE PROTECTED

Presenter: Stephanie Hiltz

Join StudyInsured, your health insurance provider, for a discussion about the resources available to you when the unexpected happens.

2:00 PM - 3:00 PM

GUEST SPEAKER SERIES: THE COURAGE TO BE YOURSELF

Presenter: Joan Grundy

Ms. Grundy speaks about the importance of being yourself and the courage to be proud of who you are.

3:30 PM -4:30 PM

GUEST SPEAKER SERIES: DISCOVER CANADA'S NATIONAL ART GALLERY

Presenter: National Gallery of Canada representative

Come and hear about The National Gallery of Canada and what interesting and exciting exhibits are coming up, what's happening now, what activities they have to offer students, and which evening admission is FREE!